

Flour Tortillas

Yield: 8 tortillas.

Ingredients

- ~~2 cups all-purpose flour~~ 1.5 cups AP flour .5 cups whole wheat flour
- 1/2 teaspoon salt
- 3/4 cup water
- 3 tablespoons olive oil

Directions

1. In a large bowl, combine flour and salt.
2. Stir in water and oil.
3. Turn onto a floured surface; knead 10-12 times, adding a little flour or water if needed to achieve a smooth dough.
4. Let rest for 10 minutes.
5. Divide dough into eight portions.
6. On a lightly floured surface, roll each portion into a 7-in. circle.
7. In a large nonstick skillet coated with cooking spray, cook tortillas over medium heat for 1 minute on each side or until lightly browned.
8. Keep warm.

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