

Vegetarian Hot Breakfast

Ingredients

1 egg
2 maple sausages (Morning Star)
2 slices of bread
Butter
Salt
Pepper (if desired)
Grated cheese (if desired)

Directions

1. Scramble egg in bowl with a little salt and set aside. A little pepper and grated cheese can be added if desired.
2. Cook sausages in butter (pan spray can also be used if no butter is available)
3. Put bread in toaster.
4. While bread is toasting, use hot pan to cook scrambled eggs.
5. Serve while warm!

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