

# Meatballs (Michael)

## Ingredients

3 lb ground beef  
2.5 cup breadcrumbs  
1/2 cup fresh parsley leaves, minced  
6 medium garlic cloves, minced  
2 large egg  
1 cup buttermilk  
3-4 oz Parmesan cheese  
1.5 tsp table salt

*(Proportions for crumbs-liquid still needs more adjusting)*

## Instructions

Make meatballs.

Cook meatballs.

Olive oil is great actually, just don't overheat it. Canola is okay.

Finish in sauce is good.

I'll do actual instructions when I work the ingredients out.

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