

Meatballs (Philomena)

Source: Philomena D'Attilo

~1 Italian Chibatta, aged until hard/stale

(You can bake the bread to harden it, but it is not as good as letting it age.)

(More breadcrumbs make meatballs cheaper and richer, but they are not as good!)

5-6 lb ground beef

3-4 eggs

~1/3 cup milk

(The amounts of liquid - milk and eggs - depends on the amount of meat. Use more eggs than milk.)

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